



PROGRAMME SPORT 26/10 AU 29/10



Lundi

Mardi

Mercredi

Jeudi

Vendredi

Samedi

Dimanche

RDV Tir à l'arc

rdv
mutlisport

rdv P3C

rdv jardin
fitness

rdv terrasse
bar tennis

rdv terrain
pétanque

rdv terrain de
tennis

rdv point info

10:00-12:00

Tournoi de
Ping Pong



15:00-18:00

Pétanque



10:00-12:00

Tir à l'arc



15:00-17:00

Initiation
Padel



09:00-12:00

Randonnée

(9km)

start reception
No Baby!
Chaussure de
marche+ gourde
d'eau!



15:00-17:00

FOOTBALL



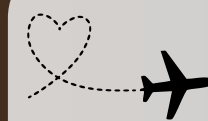
10:00-12:00

Initiation
Padel

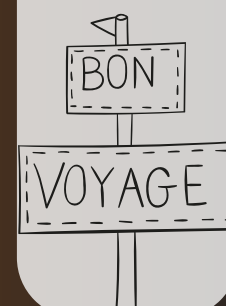


15:00-18:00

Pétanque



Sea You
SOON



PROGRAMME FITNESS 26/10 AU 29/10



Lundi

Mardi

Mercredi

Jeudi

Vendredi

Samedi

Dimanche

Toutes les
animations
fitness se font au
jardin

All fitness
activities take
place in the
garden

09:00-10:00

Réveil
musculaire

11:00-12:00

BABY GYM

15:00-16:00

Renforcement
Musculaire

17:00-18:00

Stretching

09:00-10:00

Réveil
musculaire

10:30-11:30

YOGA

15:00-16:00

Circuit
Training

17:00-18:00

Stretching

09:00-10:00

Réveil
musculaire

11:00-12:00

Renforcement
Musculaire

15:00-16:00

STEP

17:00-18:00

Danse et
Stretching

09:00-10:00

Réveil
musculaire

10:30-11:30

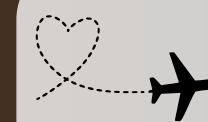
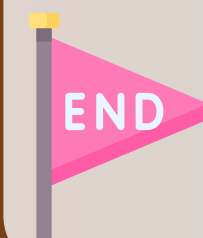
DANSE

15:00-16:00

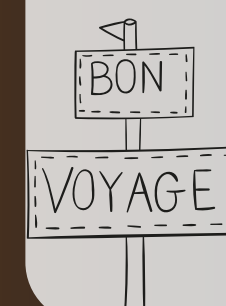
Cardio
Training

17:00-18:00

Stretching



Sea You
SOON



PROGRAMME ANIMATION 26/10 AU 29/10



Lundi

Mardi

Mercredi

Jeudi

Vendredi

Samedi

Dimanche

Toutes les
animations
du soir se font
au bar du tennis

All evening
entertainment
takes place at the
tennis bar

10:00-11:00

Point info

18:30-19:00

Mini Disco
Halloween

19:00-20:30

blind test
musique



18:00-19:00

Tour Ambiance
des citrouilles
dans le
camping



19:00-20:30

BINGO



18:30-19:00

Mini Disco
Halloween



19:00-20:30

KARAOKE



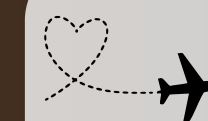
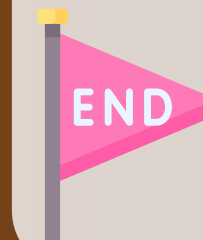
18:00-19:00

Tour Ambiance
des citrouilles
dans le
camping



19:00-20:30

Quizz Films



Sea You
SOON

